

## Welcome to The Elks Drug Quiz Show.....

....and to our core curriculum.

All eighteen Learning Centers have been newly created or updated by acknowledged experts in the field.

They present accurate, age-appropriate drug abuse prevention information, as well as important "Life Skills" young people need to be successful in today's challenging world.

We invite you to begin by reading the "Directions" page, and then the Learning Centers themselves.



## Topics covered include:

General Information About Drugs

Stimulants

Tobacco

**Depressants** 

Alcohol

Hallucinogens

Marijuana

Steroids

Stress

**Feelings** 

Grief

**Conflict Resolution** 

Self-Esteem

**Decision-Making** 

Success

Gambling

Bullying

Healthy Eating & Exercising